



## Algorithm BLS-AED-SRC 2015 according to ILCOR CoSTR\*

Is the scene safe? (think particularly about intoxications and electricity)



Unresponsive person  
Not breathing normally



Shout for help  
Call 144  
Get, or send for, an AED



30 chest compressions (100 – 120 /min)  
followed by 2 rescue breaths  
**or**  
Compressions-only CPR



When AED arrives  
follow the verbal AED instructions

**For chest compressions, think about:**

- **5–6 cm depth**; 1/3<sup>rd</sup> depth of chest (children)
- **Minimal** interruptions
- Delivering **in the center** of the chest
- Complete **release** between compressions

**For breaths, think about:**

- Achieving a **visible** chest rise

**Origin:**

- Travers AH, et al., 2015 \*International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. Part 3: adult basic life support and automated external defibrillation: *Circulation*. 2015;132 (suppl 1):S51–S83.
- Maconochie IK, et al., 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations Part 6: Pediatric basic life support and pediatric advanced life support., *Resuscitation* 95 (2015) e147–e168